



UPSTATE ALLIANCE FOR THE CREATIVE ECONOMY

Cap Region Cooks in Quarantine: Jermaine Wright



Jermaine Wright is a Personal Chef, Dancer, and Social Media Influencer from Southside Jamaica Queens, now living in the Cap Region.

Jermaine lived his dream when he appeared on the Food Network show All-Star Academy. He also landed an exclusive mentorship with Food Network Iron Chef Marc Forgione.

We asked him what he's been cooking up during quarantine and he put together some delicious recipes for all of us to try.

[Check out the recipes here!](#)

Cap Region Road Trips: Saratoga to Schuylerville



Hikes, history, rolling farmland, apple groves, kayaking -- the drive from [Saratoga Springs to Schuylerville](#) is perfect for a springtime galavant.

Due to COVID-19, NYS Parks has put out very [useful guidelines](#) for visiting parks and other recreation areas.

[Read more here!](#)

Cap Region Creatives: Freelance Writer, Sandy Ebejer

Sandy Ebejer is fairly new to the Capital Region, having moved here from Los Angeles three and a half years ago.

[In the interview](#) she offers some interesting perspective on how her life has changed due to the crisis; not only looking at the long-term viability of a career as a freelance writer, but also being a working parent during this unprecedented time.



Read more here!

IMPORTANT! Health Insurance Open Enrollment Extended to June 15th

Health insurance enrollment open **NOW** for uninsured New Yorkers in response to Novel Coronavirus.



The Official Health Plan Marketplace

Have you lost your job, your health insurance, or some of your income due to COVID-19? **You can apply for no-, low- or reduced-price insurance through New York State of Health through June 15th.**

Apply at [NYStateofHealth.com](https://nystateofhealth.com), call NY State of Health Customer Service at 1-855-355-5777, or [click here](#) to get enrollment help.

MWBE Business Relief



CENTER for ECONOMIC GROWTH

CAPITAL REGION URBAN CORE MWBE Small Business Emergency Relief Grant

PROVIDED BY KeyBank Business Boost & Build powered by JumpStart

KeyBank Business Boost & Build powered by JumpStart recognizes the impact COVID-19 has had on small businesses and therefore is contributing \$150,000 to the Capital Region Urban Core MWBE Grant with a focus on MWBE businesses.

Eligible businesses would receive up to \$5,000 in the form of grant money and would adhere to the guidelines set forth. [Click here for more information and to apply.](#)

Applying for Unemployment: One Freelancer's Experience



Meet Kim Gilmour, owner of **FisheyeCeramics**, a ceramic design studio on Main Street in Catskill, and a freelance audiobook producer.

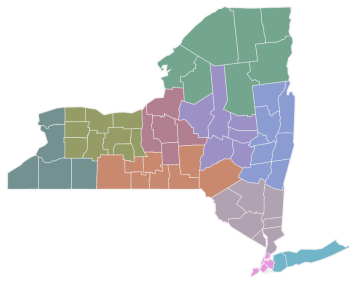
COVID-19 had a detrimental impact on her work and she applied for unemployment the moment freelancers got the green light. She shared her experience with ACE's Gabby Fisher.

Read the interview here

News & Business Resources



From Albany Business Review
"It's time for a new Works Progress Administration"



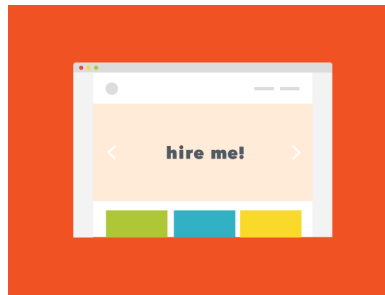
From NYS
NYS Reopening Dashboard: Where The Cap Region Stands



From Vox
Post-Materialism? A Thrift Movement Emerges



From Artwork Archive
How to Get Your First Thousand Instagram Followers



From Freelancer Union
Five Ways to Find Clients in a Crisis



From Columbia County
Support Local! Takeout Options in Columbia County

Job and Volunteer Leads

- **Center for Economic Growth (CEG)** has job listings for a wide range of Capital Region companies. **Click here for more information.**
- **United Way of the Greater Capital Region** has in-person and virtual opportunities to volunteer with local agencies in need of support. **Please sign up via this link.**
- **Fusco Personnel Inc.** has leads on positions in the Capital Region. You can reach them at 1-800-34-FUSCO or **jobs@fuscopersonnel.net.**
- **Spectrum** is currently hiring over 200 Customer Service Representative Positions in their Rotterdam office. **Click here to apply.**
- **NYS Department of Labor Job Board** has job openings in Albany. **Click here for more.**
- **DeCrescente** has open job positions. **Please visit their site to apply.**
- **Blue Shield of NENY** is now hiring seasonal Medicare Sales Consultants. **Click here to apply.**
- **DAIM Logistics Inc.** has career openings for Professional Class A Truck Drivers and all levels of office personnel in the Capital Region. **Click here to learn more and apply.**
- **CDTA** is currently hiring for multiple positions. **Click here to learn more and apply.**
- **Compass Group** has multiple job openings in the Albany area. **Click here for more.**

- **Target** has many positions available across the Capital Region.[Click here for more.](#)
- **Lowe's Home Improvement** has many positions available across the Capital Region.[Click here for more.](#)

Download Newsletter Here

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