



UPSTATE ALLIANCE FOR THE CREATIVE ECONOMY

3 CapNY Thrift Shops for the Socially & Economically Conscious Shopper



According to [Self, Inc.](#), CapNY is 12th Best Midsize Metro area for saving money. Housing, shopping, dining...this region can be a delight for bargain hunters.

Taken the "no new clothing" vow? Marie Kondo-ing your life? Writer Mia Nilo suggests three local thrift shops that were built for the socially and economically conscious consumer.

[Click here for more!](#)

#CapNYRedAlert Profile: Sarah Craig, Caffe Lena



Now in its 60th anniversary year, Caffe Lena is widely recognized as the oldest continuously-operating folk-music venue in the United States. We checked in with Executive Director Sarah Craig to find out how this gutsy little venue is faring during the Covid challenges.

[Click here for more!](#)
[#CapNYRedAlert](#)

Photo courtesy of The Daily Gazette

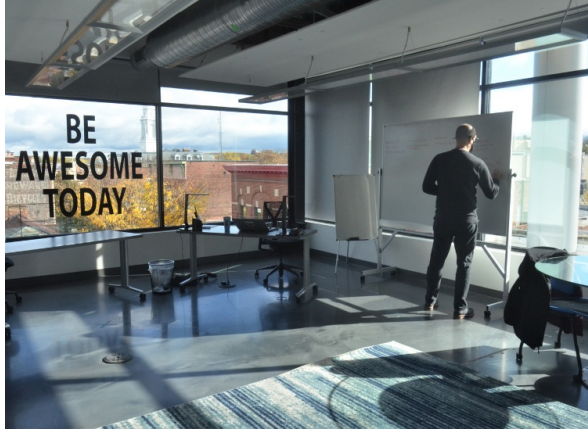
CapNY Coworking Spaces: Urban Co-Works, Schenectady

CapNY is home to dozens of coworking spaces. All of these flexible and community-focused workspaces have their own vibes, amenities, and perks.

This week, we head to downtown Schenectady to visit one of the first spaces to pop up in our region, Urban Co-Works. There's more to this place than its famous aerial city views...

[Check it](#)

out!



ACE Instagram Photo of the Week



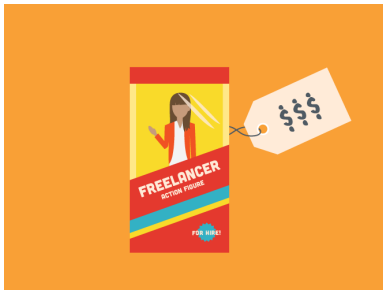
Taking a lovely fall walk throughout Schenectady's Stockade Historic District...This photo is from Amy Duong, a Long Island resident who was visiting a friend in Schenectady and is now considering making a move to CapNY!

Looking to explore more of Schenectady? Check out CapNY Road Trip: Rural Schenectady itinerary we've put together. [Click here!](#)

Submit your photos! Follow us on [Instagram](#), tag us in your shots, and use #getCAPtivated, #UpstateCreative, and #CapNY!

[Click here & follow ACE on Instagram!](#)

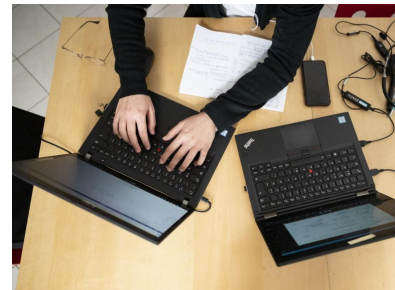
National & Community News



From Freelancers Union
[A Step-By-Step Guide to Getting Paid What You Deserve](#)



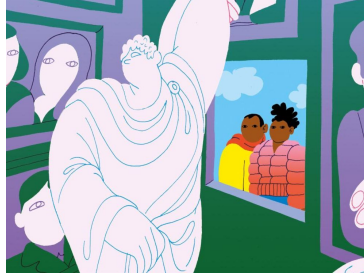
From The Washington Post
[How to Safely Host Friends As the Weather Gets Colder](#)



From CityLab
[Co-Living Development Plans Underway in U.S. Test Markets](#)



From CityLab
[Troy Featured on Bloomberg's CityLab](#)



From LA Times
[Are Art Museums Still Racist? The Covid Reset](#)



From Forbes
[Dear Black Professionals: What Your White Boss Might Not Tell You](#)

CapNY Job Opportunities

Open Positions

- [The Rosenblum Companies](#) is hiring a Senior Marketing & Communications Manager
- [Proctors Collaborative](#) has two teaching artist positions open, a [Virtual Acting Instructor](#) and [Acting Academy Instructor](#)
- [The Freehold Art Exchange](#) is hiring an Interim Executive Director
- [National Grid](#) is hiring for multiple positions
- [ICF Next](#) is hiring an Art Director
- [Sinclair Broadcast Group](#) is hiring a Marketing Consultant
- [MVP Health Care](#) is hiring for multiple positions
- [Regeneron](#) is hiring for multiple positions
- [Berkshire Bank](#) is hiring for multiple positions
- [The Free School](#) is hiring a Reading Specialist
- [AVillage](#) is hiring a Social Media & Community Ambassador
- [The Mohawk Valley Library System](#) is hiring an Administrative Assistant
- [Zones Inc.](#) is hiring for multiple positions
- [Zachary's Pastry Shop](#) is hiring a Decorator
- [Troy Shirt Co.](#) is hiring an Administrative Assistant/Shop Assistant
- [Oliveyard Global Impact](#) is hiring a Video Producer

Are you hiring? Send us an email & we'll include your position(s) in the list!

[Download Newsletter Here](#)

